

Day 1

Friday 1st Nov

Invoke

Arrive at 3pm
Check In

4.30pm
Sunset Opening Ceremony
Spa Terrace

5.30pm - 6pm
Welcome drinks in the Lounge

6pm - Dinner

7pm - 9pm
Sacral Chakra Yoga:
Meet the Dark Goddess
Yoga Studio

9pm
Fire Pit Story Telling and
Shamanic Drumming
Spa Terrace
(optional)

Day 2

Saturday 2nd Nov

Discover

8am
Tantric Goddess Flow Yoga
Yoga Studio

9am - Breakfast

10am - 12 noon
Nurture Your Inner Goddess Pool/Spa
Time

12 - 2pm
Workshop: Discover the Dark Goddess
Yoga Studio

2 - 4pm
Black Moon Lilith Alchemy Readings
Journal Time

4pm
Travel to Dyserth Waterfall for Sunset
Womb Healing Ceremony

7pm - Dinner

8pm
Optional Dancing in Cocktail Live Lounge

Day 3

Sunday 3rd Nov

Heal &

Transform

8am
Shakti Goddess Flow Yoga
Yoga Studio

9am - Breakfast

10am Check Out

11 am
13th Rite of the Munay Ki Womb Blessing
Dark Moon Circle
Closing Ceremony
Yoga Studio

1pm
Nurture Your Inner Goddess Pool/Spa
Time
Black Moon Lilith/African Goddess
Empowerment Readings

Optional excursion to St Winefride's Well,
Holywell

Depart at leisure